



Student Services
University of Dundee

Exam Wellbeing Events Programme

Monday 22 April - Friday 17 May 2024



The exam period can be a stressful time. Over the next 4 weeks we encourage you to take time out and participate in these events across campus.

Date	Time	Event and Location
Monday 22 April		Creation Station: Crafting & Board Games OTI 206 - Global Room temp home
Tuesday 23 April		Creation Station: Crafting & Board Games OTI 206 - Global Room temp home
Wednesday 24 April	15:00 - 16:00	UoD Museums Wellbeing Walk Meet outside the Enquiry Centre
Thursday 25 April	14:00 - 16:00	Jewellery Making with DUSA OTI 206 - Global Room temp home
Thursday 25 April	17:30 - 18:30	Fibre Art (Knitting, Crochet, Cross-stitching, Tatreez) Create Space - please book your space
Friday 26 April	14:30 - 16:30	Film making & editing Create Space - please book your space
Tuesday 30 April	14:30 - 15:30	Sewing - Scrunchie Making Create Space - please book your space
Wednesday 1 May	13:00 - 14:00	DUSA Urban Beach & V&A Visit Meet at entrance to V&A
Thursday 2 May	14:00 - 16:00	Archives - Come see some of our collections! Global Room
Thursday 2 May	17:30 - 18:30	Fibre Art (Knitting, Crochet, Cross-stitching, Tatreez) Create Space - please book your space
Friday 3 May	13:00 - 14:00	UoD Museums Wellbeing Walk Meet outside the Enquiry Centre
Friday 3 May	14:15 - 16:30	Feel Good Friday Global Room
Monday 6 May	12:00 - 13:00	DUSA Therapeutic Writing Session Level 2 DUSA reception area
Tuesday 7 May	10:30 - 11:30	Cuppa, Cake & Chat Global Room
Tuesday 7 May	15:30 - 16:30	Badge Making Create Space - please book your space

Date	Time	Event and Location
Wednesday 8 May	13:00 - 14:00	DUSA Dog Therapy Campus Green
Wednesday 8 May	TBC - 2 hrs	Zine Making Create Space - please book your space
Thursday 9 May	18:00 - 19:00	UoD Museums Online Still Life Drawing Online
Friday 10 May	14:15 - 16:30	Feel Good Friday Global Room
Saturday 11 May	17:30 - 18:30	Fibre Art (Knitting, Crochet, Cross-stitching, Tatreez) Create Space - please book your space
Monday 13 May	Drop In 09:00 - 17:00 Wednesday 10:00 - 17:00	Messages of Kindness Board for Mental Health Awareness Week running each day - Global Room
Monday 13 May	10:30 - 11:30	Cuppa, Cake & Chat Global Room
Tuesday 14 May	15:00 - 16:30	UoD Museums Mindful Crafting: Incredible Insects Global Room
Tuesday 14 May	14:30 - 16:30	Crochet - Granny Square Create Space - please book your space
Wednesday 15 May	Drop In 10:00 - 17:00	Creation Station: Crafting & Board Games Global Room
Thursday 16 May	Drop In 09:00 - 17:00	Creation Station: Crafting & Board Games Global Room
Thursday 16 May	17:30 - 18:30	Fibre Art (Knitting, Crochet, Cross-stitching, Tatreez) Create Space - please book your space
Friday 17 May	14:15 - 16:30	Feel Good Friday Global Room



Sign up for UoD
Museum Events:



Book your place
Create Space Events:



Get updates on
Wellbeing Events
at ISE on Instagram:



Book your class
at ISE