

# EXPERIENCING MICROAGGRESSIONS

A microaggression is 'a statement, action, or incident regarded as an instance of indirect. subtle, or unintentional discrimination or prejudice against members of a marginalized group such as a racial minority' (OED). Sometimes it's hard to respond to microaggressions because individuals may feel uncertain whether a microaggression has occurred, leaving them unsure about how to respond or if doing so will help. Responding directly to a microaggression may bring about negative consequences, including accusations of being oversensitive or paranoid, or being told that such responses confirm stereotypes about minorities. This can result in these real experiences becoming invalidated, which is harmful for all concerned.

This comic is designed to start conversations about microaggression by presenting four stories from staff and students from our community based on their experiences of racist microaggressions. We hope these stories will lead to more conversations about microaggressions generally, and racist microaggressions, leading to a greater understanding of how microaggressions can detrimentally impact people. Identifying racial microaggressions allows us to consider our own behaviour and that of others to help create a community that is fair and inclusive.

The examples illustrated in these stories have been adapted from real stories provided by staff and students at Dundee Dental Hospital and Research School. These are an amalgamation of experiences and are not a direct representation of any individual example. Consent was obtained for use of these stories.

This comic was written by Chris Murray, Golnar Nabizadeh, Kitty Guo, and Mohammad Islam. The artwork was created by Clio Ding, with production by Damon Herd.

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### OBJECTIFICATION - 'OH, WHAT LOVELY HAIR YOU HAVE'







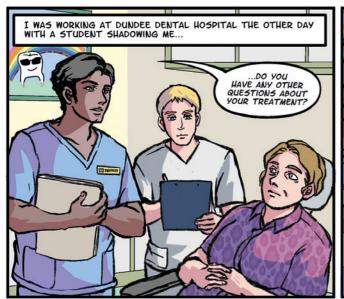


AND TOUCH. I JUST WANT TO BE TREATED LIKE EVERYONE ELSE.





#### MICROAGGRESSIONS OFTEN HAVE THE EFFECT OF MAKING A PERSON FEEL INFERIOR













#### WHAT'S IN A NAME? MICROAGGRESSIONS AND IDENTITY





WITH MICRO-AGGRESSIONS IN THE WORKPLACE.









THERE ARE A LOT OF OTHER CHINESE STUDENTS IN MY CLASS.

THANK YOU
FOR SHARING THESE
EXPERIENCES. WE CAN
LEARN SO MUCH FROM
ONE ANOTHER.



## **CONTRIBUTOR BIOS**



Clio Ding (@clio.ding) is a graduate of the Comics & Graphic Novel MLitt course from University of Dundee. Based in Singapore, Clio teaches art, draws and writes about comics when not being preoccupied with snacks and goldfish.



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A microaggression is 'a statement, action, or incident regarded as an instance of indirect, subtle, or unintentional discrimination or prejudice against members of a marginalized group such as a racial minority' (Oxford English Dictionary). It is important to realise that while a microaggression is, by definition, a 'small' transgression, perhaps even one that might go unnoticed by many, their impact may not be small. Microaggressions can have devasting consequences. This comic features stories that demonstrate the nature and effect of microaggressions in a clinical setting, drawing on the experiences of staff and students in the School of Dentistry.



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